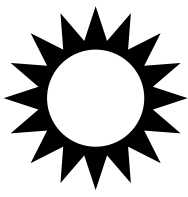


# Multi-Season Packing

## CHECKLIST



- |                                                                                    |                                                                                       |
|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <input type="checkbox"/> Carry-on Suitcase                                         | <input type="checkbox"/> Personal Medications                                         |
| <input type="checkbox"/> Passport & necessary visas/<br>medical documents          | <input type="checkbox"/> Backpack for hikes and day<br>trips                          |
| <input type="checkbox"/> Travel adapter with USB Ports                             | <input type="checkbox"/> Insect Repellent                                             |
| <input type="checkbox"/> Pickpocket-proof garments                                 | <input type="checkbox"/> 3 pairs of socks                                             |
| <input type="checkbox"/> 7 pairs of underwear                                      | <input type="checkbox"/> 2 sports bra & 1 regular<br>bra                              |
| <input type="checkbox"/> 2 sundresses                                              | <input type="checkbox"/> Tights for added warmth                                      |
| <input type="checkbox"/> 1 pair of shorts                                          | <input type="checkbox"/> Waterproof jacket & pants                                    |
| <input type="checkbox"/> 1 pair of leggings                                        | <input type="checkbox"/> A warm water-proof coat                                      |
| <input type="checkbox"/> 1 pair of pants                                           | <input type="checkbox"/> 1 pair of gauchos or capris                                  |
| <input type="checkbox"/> 2-3 moisture wicking tops                                 | <input type="checkbox"/> 3-4 nice fitting tees/tanks you<br>can use as an undershirt  |
| <input type="checkbox"/> 1 shawl scarf                                             | <input type="checkbox"/> Swimsuit                                                     |
| <input type="checkbox"/> 2 winter shirts/ sweater that looks<br>nice with leggings | <input type="checkbox"/> 1 beanie or buff hat                                         |
| <input type="checkbox"/> Gloves                                                    | <input type="checkbox"/> 1 button -up sweater to be<br>worn on its own or as a jacket |



# Multi-Season Packing



## CHECKLIST

- |                          |                                  |                          |                                            |
|--------------------------|----------------------------------|--------------------------|--------------------------------------------|
| <input type="checkbox"/> | Collapsible water bottle         | <input type="checkbox"/> | Water purifier                             |
| <input type="checkbox"/> | Personal alarm                   | <input type="checkbox"/> | Laptop device for uploading/editing photos |
| <input type="checkbox"/> | Face Cream                       | <input type="checkbox"/> | Smart phone                                |
| <input type="checkbox"/> | Sunscreen                        | <input type="checkbox"/> | Concealer and foundation                   |
| <input type="checkbox"/> | Lip Balm                         | <input type="checkbox"/> | Sunglasses                                 |
| <input type="checkbox"/> | Comb/ponytail holders/bobby pins | <input type="checkbox"/> | Glasses/contacts/solution                  |
| <input type="checkbox"/> | Band-aids                        | <input type="checkbox"/> | Toothbrush/Toothpaste                      |
| <input type="checkbox"/> | Waterproof hiking shoes          | <input type="checkbox"/> | Slip-on shoes                              |
| <input type="checkbox"/> | Snacks- almonds, protein bars    | <input type="checkbox"/> | Electronic Chargers                        |
| <input type="checkbox"/> | Face and hair serum              | <input type="checkbox"/> | Instant coffee                             |
|                          |                                  | <input type="checkbox"/> | Flip-flops                                 |